



FEBRUARY 2012 LUNCH MENU

Available Every Day

SchoolFood Salad Bar with Produce, Fresh Fruit & Cold Sandwiches, Low Fat Milk

Sunday	Mediterranean Monday	Trayless Tuesday	Latin Wednesday	Chicken Thursday	Pizza Friday	Saturday
			1 Chili Baked! Tostitos® Scoops!® Confetti Corn Salad Pico de Gallo SchoolFood Salad Bar Assorted White Milk	2 Chicken Sabroso Spanish Rice Savory Green Beans SchoolFood Salad Bar Assorted White Milk	3 Home-style Pizza with Tomato Sauce Assorted Roasted Vegetable Toppings Green Garden Salad SchoolFood Salad Bar Assorted White Milk	4
5	6 Baked Basil and Garlic Chicken Whole Grain Pasta with Vegetable Tomato Sauce Steamed OR Roasted Broccoli SchoolFood Salad Bar Assorted White Milk	7 <u>Hot/Cold</u> Turkey and Cheese OR Toasted Cheese Sandwich Asian Broccoli and Red Pepper Salad SchoolFood Salad Bar Assorted White Milk	8 Burrito Bar Southwest Style Sofrito Brown Rice OR Wrap Roasted Confetti Corn Pico de Gallo SchoolFood Salad Bar Assorted White Milk	9 Asian Roasted Chicken Vegetable Fried Rice Broccoli with Roasted Garlic SchoolFood Salad Bar Assorted White Milk	10 Home-style Pizza with Tomato Sauce Assorted Roasted Vegetable Toppings Green Garden Salad SchoolFood Salad Bar Assorted White Milk	11
12	13 Pesto Pasta with Chickpeas Whole Grain Pasta Steamed OR Roasted Cauliflower SchoolFood Salad Bar Assorted White Milk	14 Healthy Tuna on a Roll OR Chop't Salad Veggie Wrap Curried Chickpea Salad SchoolFood Salad Bar Assorted White Milk	15 Chili Baked! Tostitos® Scoops!® Confetti Corn Salad Pico de Gallo SchoolFood Salad Bar Assorted White Milk	16 BBQ Roasted Chicken Mac and Cheese Braised Collards SchoolFood Salad Bar Assorted White Milk	17 Home-style Pizza with Tomato Sauce Assorted Roasted Vegetable Toppings Green Garden Salad SchoolFood Salad Bar Assorted White Milk	18
19	20 PRESIDENT'S DAY NO SCHOOL	21 MIDWINTER RECESS NO SCHOOL	22 MIDWINTER RECESS NO SCHOOL	23 MIDWINTER RECESS NO SCHOOL	24 MIDWINTER RECESS NO SCHOOL	25
26	27 Pesto Pasta with Chickpeas Whole Grain Pasta Steamed OR Roasted Cauliflower SchoolFood Salad Bar Assorted White Milk	28 Turkey and Cheese OR Roasted Veggie Sandwich Green Beans with Vinaigrette SchoolFood Salad Bar Assorted White Milk	29 Chili Baked! Tostitos® Scoops!® Confetti Corn Salad Pico de Gallo SchoolFood Salad Bar Assorted White Milk			



Menu Options for the WITS Program Schools

Mondays: Other approved pastas

Tuesdays: Deli Bar, Sandwiches or wraps are interchangeable. Bread options may vary according to preferences of the school community.

Wednesdays: Seasoned Beans with Rice, Mexicali Beans and Rice, Bean Quesadillas (must include ½ cup cooked beans for protein contribution)

Thursdays: Hot Lo Mein, Curried Rice

Friday Pizza Choice: Home-style on Loco Bread, NYC Slice, Pizza Bagel and French bread

Bread and Grain Options: Harvest Blend, Jasmine Rose Rice, brown rice, taco boats, Baked Scoops and breads are interchangeable.

NOTE: Always maintain “offer versus serve” by ensuring the proper meal pattern.